

Teaching Rubric

	3 Exceeds Expectations	2 Meets Expectations	1 Does Not Meet Expectations
Organization of the Classroom	Maintained visibility throughout class when demonstrating Let students know which props will be required Orientation of the room was clear - how to set up mats Expectations were made clear prior to beginning the class, including style, focus, and/or energetic quality	Attempted to make themselves visible when demonstrating Was somewhat clear on which props were required and how to set-up mats Expectations were briefly made prior to the beginning of class	Did not attempt to make themselves visible while demonstrating Did not mention which props were required for practice Expectations were not made clear prior to the beginning of class
Class Composition/ Sequence	Sequence was well put together Builds + scaffolds the students to prepare for more challenging poses Poses are appropriate for the level and style of class taught The class began and ended on time An obvious theme was presented and anchored to the physical actions of poses	Sequence was appropriate for style and level of class taught Poses are appropriate for style and level of class Class began and ended on time Theme was somewhat clear and attempts to anchor to physical actions were made	Sequence and poses taught were either too hard or too easy Sequence of poses did not create safety for students The teacher did not begin the class on time or went over the time allotted Theme was not particularly clear and was not connected to the physical aspects of the practice
Technique: verbal cues, voice, body language	Flow with breath was maintained throughout class Pacing was not too fast or too slow Poses were held for the appropriate amount of time Modifications were provided and described or demonstrated efficiently Verbal cues were clear + concise Speaks loud enough Varies cadence of voice to match the energy of the practice	Attempts at maintaining breath throughout class were made a majority of the time Pacing was appropriate for most of the class Attempts at modifications and variations were made Most cues were clear + concise Attempts were made to vary cadence of voice to match the tone of the class	Breath was cued occasionally or not consistently throughout class Pacing was too fast or too slow Poses were held unevenly, too long or too short No modifications or variations of poses were offered Cues were unclear or sounded like a "grocery list" Voice was too loud, too soft or monotone
Physical Adjustments	Physical adjustments hold the qualities of confidence, safety and appropriate amount of touch Verbal cues were in alignment with physical assists	Attempts at physical assists were made but seemed to be not the appropriate amount of touch Verbal cues were attempted and were somewhat in alignment with assists	Physical assists were attempted, but seemed to lack confidence or were inappropriate for the pose Verbal cues were not in alignment with physical assists
Overall Presence in the Class	Confident Calm Clear Engaged Supportive Prepared Enthusiastic		
Comments:			

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